

WALK FOR PARKINSON'S

Join the National Parkinson Foundation in the fight against Parkinson's

Saturday, October 28, 2017

Moving Day® LA

Marina Green Park, Long Beach, CA

9:30 am – 12:30 pm

PEOPLE WHO MOVE CHANGE THE WORLD.



Moving Day® is more than just a walk. It highlights movement and exercise as symbols of hope and progress because of their essential role in treating Parkinson's disease. Each event features our unique Movement Pavilion, with stations such as yoga, Pilates, Tai Chi, dance and much more. Whether you take part on a team or join as an individual, you'll get a chance to move with thousands of supporters who share a common goal—to help beat Parkinson's.

At the National Parkinson Foundation, we make life better for people with Parkinson's through expert care and research. Everything we do helps people actively enjoy life with their friends, families, children and grandchildren until there is a tomorrow without Parkinson's. Since 1957, NPF has funded more than \$189 million in care, research and support services.

www.MovingDayLA.org
or call 1-800-4PD-INFO to register.



NATIONAL MOVING DAY® PARTNERS



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