



Moving Day®

Miami

PEOPLE WHO MOVE CHANGE THE WORLD.®

Since launching in 2011, National Parkinson Chapters have held 38 Moving Day® events with 42,000 participants. Moving Day has collectively raised more than \$4 million. **Moving Day**, A Walk for Parkinson's, is your chance to unite in the fight against Parkinson's disease. Corporate, family and friends teams raise money to support NPF's mission to support people with Parkinson's and their families and to support national research to improve the quality of life for those living Parkinson's disease.

Moving Day® Miami, will take place Sunday, **October 5th, 2014**, at **Bayfront Park** beginning at 8:30am. In 2013, over 1,200 participants came together to support local programs, and raised over \$200,000 in the second annual Moving Day Miami. Patients, families and friends walked, moved, and danced their way to improving the quality of care for people with Parkinson's. Join us by doing whatever it takes - walking, stretching or doing yoga in our signature Movement Pavilion. Together we can raise awareness and celebrate the importance of movement for us all.

There are currently an estimated 33,000 people living with Parkinson's in South Florida. In 2013, NPF South Florida reached patients and families through support groups, education, wellness classes and Centers of Excellence. Moving Day® Miami 2013 made it not only possible to continue these programs, but grow them to include our first ever South Florida Parkinson's Day in April.

National Parkinson Foundation (NPF)

- Founded in 1957, NPF's mission is to improve the quality of care for people with Parkinson's disease through research, education, and outreach.
- NPF has funded more than \$180 million in research and support services to improve the lives of people with Parkinson's.
- Parkinson's disease is a neurodegenerative brain disorder that progresses slowly in most people. When approximately 60 - 80 percent of the dopamine-producing cells in the brain are damaged, and do not produce enough dopamine, the motor symptoms of Parkinson's disease appear.
- In the United States, 60,000 new cases are diagnosed each year, adding to the one million people who have Parkinson's disease. It is estimated that four to six million people around the world have Parkinson's, and it is the 14th leading cause of death in the United States, according to the Centers for Disease Control and Prevention.



*Moving Day® Miami partnerships now available. Contact Dreema Stokes at 305-537-9919 for details.
www.MovingDayMiami.org*

National Partners

