



Better Lives Together: Fresno Parkinson's Summit February 22, 2020

9:00-9:45 AM: Registration, Networking and Vendor/ Resource Tables

9:45-10:00 AM: Welcome Remarks

10:00-10:15 AM: Exercise Break- Non-impact Boxing
John Bowers, Rock Steady Boxing Central Cal

10:15-11:00 AM: The Brain-Gut Connection in PD
Ethan Brown, MD, Movement Disorders Specialist, UCSF

11:00-11:15 AM: Break and Stretch

11:15 AM-12:00 PM: Freezing and Fall Prevention
Kaaren Slen, PT, Kaiser Permanente Fresno/ Oakhurst

12:00-12:45 PM: Lunch and Open/ Informal "Chat with the Experts"
Circulate with our speakers

Dr. Doris Wang, Neurosurgery, UCSF
Dr. Ethan Brown, Movement Disorders Specialist, UCSF
Dr. Rafael Zuzuarregui, San Francisco VA Medical Center and UCSF
Kaaren Slen, PT, Kaiser Permanente Fresno/ Oakhurst

12:45-1:00 PM: Exercise Break- Dancing
Jessica Tax, Rock Steady Boxing Fresno and Move Up Health

1:00-1:45 PM: What a Night: Sleep and PD
Rafael Zuzuarregui, MD, San Francisco VA Medical Center

1:45-2:15 PM: Parkinson's Advocacy and You
Sharon Krischer, "The Twitchy Woman" Blogger, Women and PD Advocate

2:15-2:30 PM: Closing Remarks and Thank You

This event is co-hosted by the Greater Fresno Parkinson's Support Group

