Better Lives Together: Fresno Parkinson’s Summit
February 22, 2020

9:00-9:45 AM: Registration, Networking and Vendor/ Resource Tables

9:45-10:00 AM: Welcome Remarks

10:00-10:15 AM: Exercise Break- Non-impact Boxing
   John Bowers, Rock Steady Boxing Central Cal

10:15-11:00 AM: The Brain-Gut Connection in PD
   Ethan Brown, MD, Movement Disorders Specialist, UCSF

11:00-11:15 AM: Break and Stretch

11:15 AM-12:00 PM: Freezing and Fall Prevention
   Kaaren Slen, PT, Kaiser Permanente Fresno/ Oakhurst

12:00-12:45 PM: Lunch and Open/ Informal “Chat with the Experts”
   Circulate with our speakers

   Dr. Doris Wang, Neurosurgery, UCSF
   Dr. Ethan Brown, Movement Disorders Specialist, UCSF
   Dr. Rafael Zuzuarregui, San Francisco VA Medical Center and UCSF
   Kaaren Slen, PT, Kaiser Permanente Fresno/ Oakhurst

12:45-1:00 PM: Exercise Break- Dancing
   Jessica Tax, Rock Steady Boxing Fresno and Move Up Health

1:00-1:45 PM: What a Night: Sleep and PD
   Rafael Zuzuarregui, MD, San Francisco VA Medical Center

1:45-2:15 PM: Parkinson’s Advocacy and You
   Sharon Krischer, “The Twitchy Woman” Blogger, Women and PD Advocate

2:15-2:30 PM: Closing Remarks and Thank You

This event is co-hosted by the Greater Fresno Parkinson’s Support Group