



Parkinson's Awareness Month Activities



Living Well with Parkinson's Disease

Sunday, April 19 • 10:30am – 1:30pm

An in-depth look into Parkinson's disease (PD) providing an overview of a broad range of topics surrounding PD as well as an outline to current pharmacologic treatments that are used throughout the course of the disease.

Presented by: **Michael Rezak, MD, PhD,**
Neurologist & Movement Disorders Specialist.

CJE SeniorLife – Weinberg Community for Senior Living, Deerfield, IL

This program is free to attend, for more information or to register visit:
www.parkinson.org/livingwellwithpd

MOVE IT!

Sunday, April 26 • 2:00pm – 5:00pm

North Shore Dance Therapy is hosting the 3rd annual fundraiser, **MOVE IT!** social, family-friendly event and fundraiser to benefit Moving Day® Chicago hosted by The National Parkinson Foundation (NPF).

Admission is **FREE!** • (\$15 suggested donation)
LIVE MUSIC, FREE FOOD, & PRIZES!

Westminster Place, a Presbyterian Homes Community, Evanston, IL

For more information or to register visit:
www.parkinson.org/moveit

What You and Your Family Should Know About Parkinson's Disease: Parkinson's 101

Wednesday, April 29 • 6:00 – 8:00pm

The program is for patients, family, friends, caregivers and anyone else learning how to navigate life with Parkinson's disease.

Presented by: **Nisha Chhabria, MD,**
Neurologist and Movement Disorders Specialist

Rush-Copley Heart Institute
Aurora, IL

This program is free to attend, for more information or to register visit:
www.parkinson.org/pd101