

CHICAGO IL, USA
NOVEMBER 8-10, 2017



International Parkinson and
Movement Disorder Society



The Health Professional Allied Team Training for Parkinson's Disease™ (ATTP)



A word about the ATTP Faculty

The National Parkinson Foundation (NPF, which is a division of the Parkinson's Foundation) and the International Parkinson's Movement Disorders Society (MDS) have assembled a unique blend of seasoned professionals, selected nationally for excellence in their respective fields. The ATTP faculty represent the core specialties: a movement disorders physician, nurse, occupational, physical and music therapy, social work and speech-language pathology and interdisciplinary team development.

ATTP is not simply a course in Parkinson's disease. The ATTP is an intensive integrated curriculum, developed jointly by the faculty team and taught in a collaborative way. Faculty are committed to its mission of person-centered interprofessional care in Parkinson's disease and actually serve as a faculty team modeling effective integrated care planning in the training itself. Whether addressing cognition, mobility, communication or emotional issues, ATTP faculty values the contribution of each discipline to assessment and care of the person with Parkinson's disease and their caregiver.

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ATTP Chicago Host Site:

National Parkinson Foundation Center of Excellence (COE)

Rush University Medical Center
Movement Disorders
Department of Neurological Sciences
1725 W. Harrison St., Suite 755
Chicago, IL 60612

ATTP CHICAGO 2017 CORE FACULTY BIOS: *(Listed Alphabetically)*

Sharlet Anderson, PhD

Dr. Anderson joined the Rush University Medical Center's faculty in December of 2015. She is a clinical neuropsychologist in the Department of Neurological Sciences, Division of Movement Disorders. Her specialty is in neuropsychological evaluation and psychological treatment of individuals with movement disorders.

Danny Bega, MD, MSCI

Dr. Bega, MD, MSCI is a fellowship trained, board-certified, movement disorders neurologist at the Northwestern University Feinberg School of Medicine. He has completed clinical training in neurology at Harvard's Massachusetts General Hospital and Brigham & Women's Hospital.

Dr. Bega has expertise in the care and management of patients with a variety of movement disorders including Parkinson's disease, and is the director of the Northwestern Huntington's disease and Wilson's disease clinics. He has completed master's level training in clinical investigations through the Northwestern Graduate School and is involved in several industry sponsored trials. His primary area of interest is the study of alternative and non-pharmacologic interventions in movement disorders and their impact on quality of life.

Lucia (Luci) Blasucci, RN

Lucia Blasucci is a long-standing Parkinson's disease specialty nurse who has focused on patient education and advocacy for over twenty years. She works directly with Dr. Christopher Goetz and interacts with patients on a daily basis. As a Research Study Coordinator, she is directly involved in recruiting patients into clinical trials, monitoring study visits, and dealing with data from each study encounter. In these activities, she has direct contact with study subjects and care partners, serving as their advocate throughout all aspects of a clinical trial program. She runs the Rush Patient Support programs targeted at patients and care partners, has spoken at national and international meetings, and is particularly skilled in dealing with quality of life and overall health priorities. She has been a faculty member at the International Parkinson and Movement Disorder Congress, has spoken at the Parkinson Study Group symposia, and is a nominee for service on the Executive Steering Committee (vote in May) of the Parkinson Study Group. Practical and "no nonsense", Luci voices her insights comfortably and encourages

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patients and care partners to express their ideas and concerns. Her patients and families feel welcomed and included in all projects, because of her skills and her patient-centeredness. Academically, she has published as a co-author in scientific journals dealing with Parkinson's disease, especially in subjects dealing with patient education, gender issues, innovative strategies to collect data from home, and perceptions related to clinical trial participation.

Elaine Book, MSW

Elaine Book has worked in the field of Social Work for over 25 years in a variety of community and hospital settings with an interest in the geriatric population. She has worked with individuals, families and as a leader of support groups. She is the Center Coordinator and Clinic Social Worker for the NPF Center of Excellence, the Pacific Parkinson's Research Centre, at the University of British Columbia in Vancouver, Canada.

She has become a leader in the PD community, serving as a speaker at support groups, a presenter at neurology meetings and a faculty member of the Allied Team Training Program of the National Parkinson Foundation. Ms. Book also coordinates a blog designed for neurological social workers and has a special interest in raising awareness and developing resources for PWP and their children/teens.

Ms. Book earned her B.S.W. from the University of Manitoba and her M.S.W. from the University of British Columbia, with her thesis focusing on caregiver stress. She has continued to expand her training throughout her career, for example in cognitive behavioral therapy, advance care planning and social work instruction.

Julie H. Carter, RN, MN, ANP

Julie Carter is a nurse practitioner and Professor of Neurology at Oregon Health and Science University. She received her BSN and MS from OHSU. She joined the department of neurology in 1979 and was one of the original founders of the Parkinson Center of Oregon (PCO).

Ms. Carter has dedicated her career to improving the lives of people with Parkinson's disease and their families. She approaches Parkinson's disease as a family centered disease and brings a family centered emphasis to her practice as a nurse practitioner and to innovative program development at the PCO. She has been instrumental in the creation of the annual patient and family symposium, family caregiver series, young person with PD symposium, newly diagnosed workshop, the Strive to Thrive (self-management) program for PD, and most recently the PD palliative care program.

Ms. Carter has a special research interest in family caregiving and Parkinson's disease. She has been an investigator in multiple clinical trials and is an original member of the Parkinson Study Group. She has authored numerous articles and is a popular speaker to both lay and professional audiences. She was recently awarded the WPC 2016 award for distinguished contribution to the PD community.

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Darla Freeman-LeVay, M.A., CCC-SLP

Darla Freeman-LeVay is a licensed Speech-Language Pathologist, certified by the American Speech-Language-Hearing Association. She is a graduate of the University of Pittsburgh, and received her Master's Degree in Speech-Language Pathology from The Ohio State University. While in the master's program, she developed a special interest in voice disorders and their management, and she was selected for a clinical internship in the Department of Otolaryngology at The Ohio State University. During the internship, she gained valuable experience and advanced training in the evaluation, diagnosis, and management of a wide variety of laryngeal disorders in a multidisciplinary center.

Since leaving The Ohio State University, she has worked in a number of clinical settings, from public schools to rehabilitation facilities with a focus in adult voice and speech disorders and Neurogenics. From 200-2016 Ms. Freeman-LeVay served as a Clinical Instructor in the Department of Communication Sciences and Disorders at the University of South Florida (USF) where she taught master level students. Currently she works as a speech-language pathologist with Florida E.N.T. & Allergy where she specializes in the evaluation and treatment of voice and swallowing disorders. She regularly attends continuing education courses to further her knowledge of current voice therapy techniques and as well presents at local and state levels. Ms. Freeman-LeVay is Lee Silverman Voice Therapy (LSVT) certified, trained in use of the Speechvive device and trained in the Speak Out program for Parkinson's. Darla has been recognized by the National Spasmodic Dysphonia Association and the Mid-Florida Multiple Sclerosis Society (Milestone Award, 2011) for her excellence in community education and services. Darla has been nominated by her peers to serve on the board of directors for Speech-Language Pathology Practice with the American Speech-Language-Hearing Association (2018-2021 term.) She is a 2-term (2016-2017) grant recipient through the National Parkinson Foundation and has started Tampa's first Tremble Clefs choir.

Ms. Freeman-LeVay is a member of the American Speech-Language-Hearing Association (ASHA), serves on the executive board for the Tampa Bay Medical Speech Pathology Association and is the founder (2003) and one of the medical advisors for the National Spasmodic Dysphonia Support Group of Tampa. She is also a participant in the ASHA Special Interest Division for Voice and Voice Disorders.

Jennifer G. Goldman, MD, MS

Dr. Jennifer Goldman is an Associate Professor in the Department of Neurological Sciences, Section of Parkinson's Disease and Movement Disorders at Rush University Medical Center in Chicago. Dr. Goldman is a fellowship trained movement disorder neurologist with specialty training and board certification in behavioral neurology and neuropsychiatry. Her clinical and research work focuses on understanding and improving treatments for cognitive and behavioral features of Parkinson's disease, parkinsonian disorders, dementia with Lewy bodies, and other movement disorders using advanced neuroimaging, genetics, and other biomarkers. Dr. Goldman graduated from Princeton University and received her MD from Northwestern University Medical School. She completed her neurology residency training at Washington University in St. Louis, followed by a movement disorder fellowship and a Master of Science

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degree in clinical research at Rush University in Chicago. She is board certified by the American Board of Neurology and Psychiatry.

As a movement disorder specialist, Goldman treats patients with Parkinson's disease, atypical parkinsonian disorders, dementia with Lewy bodies, dystonia, and other movement-related conditions in the clinic. She directs the Cognitive-Behavioral program within the Section of Movement Disorders. Her research has been funded by NIH, Michael J. Fox Foundation, Rush University, Parkinson's Disease Foundation, National Parkinson Foundation, among others. She has published multiple research articles and book chapters on Parkinson's disease, cognition, behavior, and other movement disorders. She is a Fellow of the American Academy of Neurology and American Neurological Association. Goldman has chaired or served on working groups for biomarkers, cognition/psychiatry and Parkinson's disease mild cognitive impairment for the Parkinson's Study Group and the Movement Disorders Society (MDS). She also serves on the Lewy Body Dementia Association Scientific Advisory Committee and the Dystonia Foundation's Medical Advisory Committee for Musicians with Dystonia. Goldman also is active in education and mentorship at Rush and in the neurological societies.

She was the 2013 recipient of the Rush University Faculty Award for Excellence in Education and has lectured nationally and internationally. She serves on the AAN Education Committee, MDS Leadership Task Force, and as chair of the MDS Pan-American Section Education Committee.

Ruth Hagestuen, R.N., M.A

Ruth Hagestuen is Director of NPF's Allied Team Training for Parkinson and NPF consultant to the Edmond J Safra National Parkinson's Wellness Initiative. She also works with the Struthers Parkinson's Center, Minneapolis, MN in development of the Struthers Parkinson's Care Network. Her work with Parkinson's disease began in 1987 with the Methodist Hospital Parkinson's Center's Interdisciplinary Clinic and regional center as nurse coordinator and program director. In 2000, she joined NPF as Vice President and Program Director where she worked with affiliates nationally and internationally in development of strategies to better meet needs of the Parkinson's community through research, education, care, and outreach.

From 2009-2011 she served as Director of the NYU Parkinson's and Movement Disorders Center in development of their interdisciplinary team and collaborative relationships designed to build informed, accessible care and wellness programs for people with Parkinson's disease and related movement disorders.

She is active in the International Parkinson's and Movement Disorders Society (MDS) and currently serves on the Pan-American Section Education Committee of the MDS.

Ruth's passion continues to be building capacity for to provide accessible, informed, inter-professional care, support and educational programs for people with Parkinson's and their families. Ruth may be contacted at: [ruth@parkinson.org](mailto:rh@parkinson.org).

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Denise Kornegay, M.S.W.

Denise Kornegay holds faculty appointments as an Associate Professor in the Department of Family Medicine at the Medical College of Georgia Augusta University and in the Department of Community Science at the Mercer University School of Medicine. In her dual role appointments, she serves as the Associate Dean /Executive Program Director for the Georgia Statewide Area Health Education Centers (AHEC) Network. In this capacity, Ms. Kornegay works to create an appropriately trained, diversified, and geographically distributed health workforce in the state.

Her areas of expertise include: rural health and rural outreach, grant writing and resource acquisition, community based coalition building, legislative advocacy, health workforce development (including recruitment and retention initiatives), and family and social roles in personal health. In addition to her roles in these areas, Ms. Kornegay has developed several training seminars that she conducts with various non-profits and grass roots organizations. These seminars include: Board Development and Training, How to be an Effective Advocate, Family Relationships and Health, Team Building and Leadership, Personality Styles and Assessments, Communication Styles, Cultural Diversity, and Nurse Mentor Training programs.

Ms. Kornegay serves on the Boards of Directors for each of the six AHEC Centers, as well as numerous state tasks forces and work groups. She provides lectures to health professions students in the Schools of Dentistry, Allied Health, Medicine, and Nursing at Augusta University and other institutions within the state. Denise may be contacted at: dkornege@augusta.edu.

Irene Litvan, M.D., FAAN, FANA

Dr. Irene Litvan is the Tasch Endowed Chair of Parkinson Disease Research at the University of California San Diego (UCSD), Professor of Neurosciences and Director of the UCSD National Parkinson Foundation Movement Disorder Center of Excellence. She is a fellow of the American Neurological Association and American Academy of Neurology (AAN), is the Chair of the AAN Movement Disorder Section and serves or has served on many boards and committees of the International Parkinson Disease and Movement Disorder Society, American Academy of Neurology, World Federation of Neurology, World Parkinson Congress and medical scientific boards. She was the local chair and co-chair of the 19th International Parkinson Disease and Movement Disorder Society Congress.

Dr. Litvan is a movement disorder specialist, behavioral neurologist and neuroepidemiologist with more than 25 years of experience conducting clinical trials and leading multidisciplinary and multiple-site clinical studies. Dr. Litvan received the National Institutes of Health merit award for leading international multiple-center studies to evaluate and improve the clinical diagnostic criteria of parkinsonian neurodegenerative disorders. She has published more than 250 peer-reviewed articles and chapters, and is senior editor of 4 books. Her major research goals are to (1) identify symptomatic therapies that can improve the quality of life of patients with proteinopathies presenting with parkinsonism and/or dementia and to (2) identify biological therapies that can slow or stop their disease progression. She vested on (3) improving the neuropathological and clinical diagnostic criteria of these disorders in order to identify (4) robust biomarkers to early and accurately diagnose them and (5) markers that could be used to

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measure outcome. She has led or participated in several multicenter studies or international Task Forces to develop clinical and neuropathological diagnostic criteria for parkinsonian and/or dementia neurodegenerative disorders (PSP, CBD, MSA, DLB, PD, PD-MCI and PDD). She participated in several multicenter studies to identify robust diagnostic and biomarkers and has participated in symptomatic and therapeutic trials for these disorders. She developed two Movement Disorder Centers, one at the University of Louisville and the other at UCSD that have received a National Parkinson Foundation Center of Excellence designation. Dr. Litvan is committed to mentoring students, residents, fellows and junior faculty to become clinical translational scientists.

John Morgan, M.D., Ph.D.

Dr. John Morgan has been in practice as a movement disorders specialist for approximately 14 years and is a Professor and Director of the NPF Center of Excellence at Augusta University. He has served on the faculty of ATTP for over 10 years. He earned his MD-PhD from the Medical College of Georgia and did a medicine internship and neurology residency at the University of Virginia. He is fellowship trained in movement disorders and routinely cares for many patients with PD and other disorders. He has extensive experience in clinical trials for PD, RLS, Alzheimer's Disease and other disorders. He has published numerous peer-reviewed publications and book chapters and served on the NIH NET-PD FS-ZONE Steering Committee. He is currently a co-investigator on a VA Merit Review Grant studying the effects of niacin in PD.

On a personal note, he grew-up in Jacksonville, Florida and his wife is a dysphagia-expert speech pathologist and his ex-wife is a physical therapist. He has four children ages 17, 14, 7, and 6. He really enjoys tennis, hiking, playing the stock market, movies and family.

Miriam Rafferty, DPT, NCS, PT

Miriam Rafferty earned her Doctor of Physical Therapy degree from Washington University in St. Louis, her Board Certification in Neurologic Physical Therapy while working at the Rehabilitation Institute of Chicago (RIC, now Shirley Ryan Abilitylab), and her PhD in Neuroscience from the University of Illinois at Chicago. At the Abilitylab, she has worked to develop both outpatient and inpatient rehabilitation programs for people across the stages of Parkinson's disease. In addition to treating patients, Miriam is completing postdoctoral research training in Health Services and Outcomes Research at Northwestern University, where she is studying and facilitating the implementation of evidence-based practice in real-world clinical settings. She has taught courses on Parkinson's disease and other neurological disorders through the Abilitylab, the Illinois Physical Therapy Association, and others since 2008. Dr. Rafferty discloses that she is funded by the Foundation for Physical Therapy, the Agency for Healthcare Research and Quality, and the National Parkinson Foundation. Her work is published in the Journal of Parkinson's Disease and the Journal of Neurologic Physical Therapy. Miriam also receives an honorarium from the National Parkinson Foundation for her role as a Parkinson Outcomes Project Steering Committee Consultant. She also serves on several committees of the Academy of Neurologic Physical Therapy.



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Sheila Silver, MA, DHS, ACS

Dr. Sheila Silver is a board certified clinical sexologist in private practice in Portland, Oregon. She sees individuals and couples for a range of sexological issues including desire discrepancies, orgasm difficulties, pain with intercourse, alternative relationships, and maintaining intimacy in the face of chronic illness, with a specific expertise in Parkinson's disease. She is a trained sex counselor, group facilitator, sex educator, and has worked as a psychotherapist since 1988. In addition to her private practice, Dr. Silver acts a consultant to mental health professionals, medical doctors, physical therapists, and clergy on their cases relating to sexuality. She has a Master's degree in Marriage, Family and Child Therapy, and a Doctoral degree in Human Sexuality.

Julia Marie Wood, MOT, OTR/L

Julia Wood received her Bachelor of Science in Exercise Science and Wellness from Ball State University and Masters in Occupational Therapy from the University of Minnesota. She completed a clinical internship in inpatient neurological rehabilitation at Mayo Clinic Hospital, St. Mary's Campus in Rochester, Minnesota. As an outpatient occupational therapist, Julia specializes in treating neurological movement disorders and neurodegenerative diseases at the Dan Aaron Parkinson's Rehabilitation Center at Pennsylvania Hospital. Julia also serves as the occupational therapist in specialty interdisciplinary clinics for University of Pennsylvania's Parkinson's disease and Movement Disorders Center including COPE Clinic for patients with Atypical Parkinsonism, Deep Brain Stimulation (DBS) Clinic for patients with movement disorders considering surgical intervention, Huntington's disease (HD) interdisciplinary clinic, and the ALS Clinic at Pennsylvania Hospital. Julia serves as occupational therapy faculty for the National Parkinson's Foundation's Allied Team Training for Parkinson's program. She is certified practitioner of LSVT BIG, Parkinson's Wellness & Recovery (PWR!), Pilates, GYROTONIC & GYROKINESIS. She acts as an assistant state director for the Michael J. Fox Foundation advocating for the legislative interests of the Parkinson's community. She is dedicated to educating occupational therapy students in Parkinson's disease and movement disorders and serves as a Premo Fieldwork Site educator for Thomas Jefferson University, collaborating with faculty to educate students in data driven decision making practice applications for neurodegenerative diseases.

